Michelle Morales

Professor O’Connor-Petruso

Wiki Assignment #2

Seminar in Applied Theory and Research 1

CBSE 7201T

Fall 2012

**References**

Brown, T. and Summerbell, C. (2009), Systematic review of school-based interventions that focus on changing dietary intake and physical activity levels to prevent childhood obesity: an update to the obesity guidance produced by the National Institute for Health and Clinical Excellence. Obesity Reviews, 10: 110–141.

This article speaks about some interventions that have taken place inside of schools to help with childhood obesity. The interventions included changing the children’s dietary intake and increased physical activity.

Hedley AA, Ogden CL, Johnson CL, Carroll MD, Curtin LR, Flegal KM. Prevalence of Overweight and Obesity Among US Children, Adolescents, and Adults, 1999-2002. *JAMA.* 2004;291(23):2847-2850.

This article speaks about obesity being an ongoing epidemic. It states that it begins during childhood, and if not educated about the hazards of food, will continue through to adolescence and eventually adulthood.

Li, J. and Hooker, N. H. (2010), Childhood Obesity and Schools: Evidence From the National Survey of Children's Health. Journal of School Health, 80: 96–103.

This article speaks about how childhood obesity will eventually lead into adult obesity. It discusses the role of the National School Lunch Program and how it is impacting our children. It states that the National School Lunch Program lacks funding.

Lobstein, T., Baur, L. and Uauy, R. (2004), Obesity in children and young people: a crisis in public health. Obesity Reviews, 5: 4–85.

This article states that obesity is across the board in America. It exists in babies, children, and adults. It is a problem all over and it is only getting worse. It discusses about diabetes being on the rise as well has high blood pressure and high cholesterol.

Lorna E. Thorpe, Deborah G. List, Terry Marx, Linda May, Steven D. Helgerson, and Thomas R. Frieden.  Childhood Obesity in New York City Elementary School Students. American Journal of Public Health: September 2004, Vol. 94, No. 9, pp. 1496-1500.

This article speaks of the strides New York City public schools have made. It speaks of healthier lunch options but lacks funding and has a small budget which makes it difficult providing healthy foods. It also mentions the extinction of vending machines with unhealthy snacks which in turn have made the schools lose money.

Paul J. Veugelers and Angela L. Fitzgerald.  Effectiveness of School Programs in Preventing Childhood Obesity: A Multilevel Comparison. American Journal of Public Health: March 2005, Vol. 95, No. 3, pp. 432-435.

This article is about the effectiveness of school programs implemented in schools across America for preventing childhood obesity. It speaks of the lack of physical education and the lack of education about nutrition and healthy eating. It also proposes some ideas for helping childhood obesity in schools.